



Curriculum vitae – Europass

Personal information

First name / Last name
Address

Telephone
E-mail

Citizenship
Date of birth
Sex

Occupation or position held
Current position

Svetlana RUSNAC

apartment 3, 25 Alba Iulia Street, Gratiesti, Chisinau, Republic of Moldova

+373 68850250

srusnac@ulim.md

Republic of Moldova

May 25, 1958

Female

Associate Professor, Psychologist, Psychotherapist

Dean, Faculty of Social and Educational Sciences, Free International University of Moldova

Work experience

Time period
Position

Institution

Main responsibilities

1980 – 1984

Teacher, Deputy Director

Secondary School, Mingir village, Hîncești district, Republic of Moldova

Teaching; coordination of didactic staff; planning and monitoring of curricular and extracurricular activities; institutional representation; leading the Teachers' Council.

Time period

1980-1984

Teacher, Deputy Director

Boarding School, town of Orhei, Republic of Moldova

Teaching and educational coordination; staff supervision; implementation of educational programs; liaison with local authorities; chairing the Teachers' Council

Time period

Since 1995 - up to present

Position

Lecturer, Senior Lecturer, Associate Professor

Institution

Free International University of Moldova, Faculty of Social and Educational Sciences

Main responsibilities

Judiciary Psychology, Social Psychology, Psychology of Cross-Cultural Relations, Psychology of Deviant and Delinquent Behavior, Psychological-Judicial Expertise, Psychological Counseling and Group

Psychotherapies, Psychological Assistance in Cases of Family Violence, Gender Education, Theory and Methodology of Humanistic Psychological Counseling.

Time period

2003 - 2018

Position

Head of the Chair of Psychology and Educational Sciences

Institution

Free International University of Moldova, Faculty of Social and Educational Sciences

Main responsibilities

Management of curricular and extracurricular activities within the Chair; planning and supervision of academic training at all levels: *Bachelor's (I), Master's (II), and Doctoral Studies (III)* in psychology and psycho-pedagogy; Management of curricular and extracurricular activities within the Chair

Time period

2003 - 2015

Position

Director, Training and Social Surveys Institute

Institution

Free International University of Moldova, Training and Social Surveys Institute

Main responsibilities

Coordination of institutional research programs; oversight of training projects and methodological workshops; representation of the Institute at national and international research events

Time period

Since 2011- present

Position

Dean, Faculty of Social and Educational Sciences

Institution

Free International University of Moldova, Faculty of Social and Educational Sciences

Main responsibilities

Strategic and academic leadership of the Faculty; coordination of study programs and extracurricular activities; institutional development in psychology, social work, and educational sciences

Time period

Since 2003 - present

Position

Psychologist, private practice

Main responsibilities

Individual and group psychological counseling and psychotherapy; Training and supervision of specialists in: 1) psychological counseling for victims of family violence; 2) Solution-Focused Brief Therapy (SFBT); 3) Eye Movement Desensitization and Reprocessing (EMDR); Design and delivery of training programs in: 1)_ leadership and organizational development; 2) communication skills and assertiveness; 3) applied psychological interventions in institutional settings

Education and Training

Time period

1975-1980

Qualification / Diploma obtained

Diploma in Philology

Main subjects / professional skills covered

Philology

Name and type of organisation providing education and training

State University of Moldova, Faculty of Philology

Level in national or international classification

Higher education (University diploma)

Time period	1988-1991
Qualification / Diploma obtained	Postgraduate Certificate in Social Sciences
Main subjects / professional skills covered	Social Psychology
Name and type of organisation providing education and training	University of Political Science, St. Petersburg, Russia
Level in national or international classification	Postgraduate studies
Time period	1991-1995
Qualification / Diploma obtained	Ph.D. in Psychology
Main subjects / professional skills covered	Psychology; Doctoral thesis: "Mutual Perception among Ethnic Groups in Mixed Communities"
Name and type of organisation providing education and training	"Alexandru Ioan Cuza" University of Iași, Faculty of Philosophy, Department of Psychology
Level in national or international classification	Doctorate studies
Time period	2003-2004
Qualification / Diploma obtained	Certificate in Psychotherapy
Main subjects / professional skills covered	Solution-Focused Brief Therapy (SFBT)
Name and type of organisation providing education and training	Karmiel College, Israel
Level in national or international classification	Professional training
Time period	2006
Qualification / Diploma obtained	Certificate in Psychotherapy
Main subjects / professional skills covered	Body Psychotherapy
Name and type of organisation providing education and training	State Medical University, St. Petersburg, Russia
Level in national or international classification	Belarusian State University, Minsk, Belarus
Time period	2007
Qualification / Diploma obtained	Certificate in Psychotherapy
Main subjects / professional skills covered	Eye Movement Desensitization and Reprocessing (EMDR)
Name and type of organisation providing education and training	Belarusian State University, Minsk, Belarus

Level in national or international classification Professional training

Time period **2009**
 Qualification / Diploma obtained **Certificate in Psychotherapy**
 Main subjects / professional skills covered Strategic Brief Psychotherapies
 Name and type of organisation providing education and training Belarusian State University, Minsk, Belarus

Level in national or international classification Professional training

Time period **2011**
 Qualification / Diploma obtained **Certificate in Psychotherapy**
 Main subjects / professional skills covered Reflection Psychotherapy
 Name and type of organisation providing education and training Moscow State Pedagogical University, Russia

Level in national or international classification Professional training

Time period **2012 - 2014**
 Qualification / Diploma obtained **Master in Psychology**
 Main subjects / professional skills covered Clinical Psychotherapy and Psychological Counselling
 Name and type of organisation providing education and training Free International University of Moldova

Level in national or international classification Postgraduate university studies

Personal Skills and Competences

Mother tongue(s) **Romanian**

Foreign languages
 Self-assessment according to the Common European Framework of Reference for Languages (CEFR)

Language	Understanding – Listening	Understanding – Reading	Speaking – Spoken Interaction	Speaking – Spoken Production	Writing
English	A1	A2	A1	A1	A1
French	B2	B2	B1	B1	B1
Russian	C2	C2	C2	C2	C2

Social skills and competences Strong team spirit, communication skills, and ability to motivate others
 Empathy, emotional intelligence, and conflict resolution developed through 45+ years in leadership roles
 High intercultural sensitivity gained via international academic collaboration and training

Experience working with vulnerable groups and promoting inclusive, gender-sensitive, trauma-informed approaches
Ongoing commitment to professional development and innovation in education, psychology, and leadership

Organisational skills and competences	Proven ability to manage study programs (BA, MA, PhD), interdisciplinary teams, and institutional projects Experience in coordinating national and international training initiatives with governmental and NGO partners Skilled in academic planning, curriculum development, evaluation, and conference organization
Computer skills and competences	Proficient in Microsoft Office (Word, Excel, PowerPoint etc.) Skilled in online teaching platforms (Zoom, Google Meet, Google Classroom) Familiar with academic databases and referencing tools
Other skills and competences	Coordination of intersectoral teams and training programs Creativity and innovation in project design and psychological services Mentorship and supervision experience; contributor to academic policy and doctoral evaluation Strong ethical orientation, academic integrity, and inclusive leadership
Driving license	Category B

Additional information

Participation in projects, surveys (selectively):

1999 – developing the textbooks for university courses in law (financing: Soros Foundation, Moldova): publishing the textbook *The law psychology* Ed. Arc, Chişinău, 2000, ed. I - 311 p.; ed. II - 312 p.;

2000 – consultant in the project “To adolescents about the rights of women” (financing: Mama Cash, Netherlands): opinion poll “The woman and her rights”, results published in *Viitorul ne aparține. Methodological guide in judicial training of adolescents*, The Helsinki Youth Organisation of Citizens Meeting from Moldova, 2000, p.12-24, 55-67;

2000 – the law education (financing UNDP), exchange of experience with the Ministry of Justice, Netherlands;

2001 – consultant in the project “Psychologists in the area of juridical problems” (financing: ULIM);

2002-2003 – expert in projects (2) “Students initiatives” (financing: Soros Foundation, Moldova): psycho-social survey “Transcribing: influences in the process of personality formation”, published in *Knowledge versus transcribing. Analyses of a survey*, Ed. ULIM, Chişinău, 2003, p. 3-55;

2002-2003 – development of textbooks for university studies (financing: Soros Foundation, Moldova): the textbook *Social Psychology*;

2002-2003 – preventing the human trafficking (NGO Gender-Centru, financed by US Embassy);

2003-2006 – **expert-consultant in developing the drafts of the Law of the Republic of Moldova “On prevention and fighting the family violence” (NGO Gender Centru);**

2003- present – expert and supervisor in the Project Training in SFBT (Solution Focused Brief Therapy), Karmiel College, Israel, ULIM;

2005 – expert in the project GLOW (Girls Leading our World) (NGO Gender-Centru, financed by US Embassy).

2006 – **expert in the project Specifics of work of policemen with family abusers (NGO Gender-Centru, Ministry of Internal Affairs of the Republic of Moldova, financed by OSCE mission in Moldova):**

2006 – **expert in the project Survey on the responsibilities of service providers regarding the identification, registration and reporting the cases of child abuse (NGO Gender-Centru, financed by UNICEF Moldova).**

2007, May – **expert the project Eradication of family violence through rehabilitation of family abuser programs and involvement of men in fighting the phenomenon, trainer in the training The work with family abuser/potential abuser, (National Survey and Information Center for women „Partnership for Development”, financing: Open Society Foundation, New York);**

2007, September - December – expert in the project «Sexual minorities groups: social attitudes and community communication” (GenderDoc-M, The training and social surveys Institute (ULIM) with the financial support of Cordaid).

2007, November-December – **expert in the project “The Public opinion poll concerning the public awareness about the essence, forms and the parts involved in family violence” (The training and social surveys Institute (ULIM), financial support UNFPA Moldova CO)**

2008, July-December – **expert in the project «Development of IT Information System as a component of integrated approach in managing and monitoring the cases of family violence” (UNFPA Moldova CO)**

2008, July – September – expert in the Project «National Strategy on ensuring the gender equality in the Republic of Moldova. The topical group Violence and human trafficking – consequences of gender inequality in society» (UNIFEM)

2009, January-December – expert in the Project „Protection and habilitation the victims of human trafficking and family violence” (The government of Japan, OSCE, UNDP, UNIFPA)

2009, May-August – expert in the Project “Psychological assistance in cases of family violence: programs of psycho-diagnostic and rehabilitation of victims and abusers” (UNFPA)

2009 May-December – Multidisciplinary assistance in cases of family violence, development and promotion of analytical programs for mastership courses (UNFPA)

2010, January-March – expert and trainer in the Project “Psychological assistance in cases of family violence: programs of psycho-diagnostic and rehabilitation of victims and abusers” - workshop for psychologists from specialized centers (UNFPA)

2010, May – expert and trainer in the project “Advocacy for librarians: the content and behavioral patterns (US Embassy in Chisinau, Soros Foundation Moldova, Association of librarians, Moldova)

2010, June – expert and trainer in the project “Prevention of family violence through services of psycho-social assistance to abusers” (UNFPA, NGO „Viața Nouă”)

2011, February-May - Broadcasting role in shaping the attitudes of the electorate (research and training project "Promoting Democracy and Human Right in Moldovan-Based Approached Media System") - Funding Council of Europe;

2011 - present - Masters program ”Social Economy - an Innovative Model for active inclusion of disadvantaged people” - funding: Ministry of Labor, Family, and Social Protection Romania, the European Social Fund;

2011, January – 2012, April - research project "The needs of adoptive families in Moldova" (financing - Norwegian Embassy, the Embassy of Human Rights Moldova);

2013, June – 2016, June - expert and trainer in the "Integrating individual's rights to stage detention in professional police officers" (finance - Soros Foundation, MIA, PGI);

15.01.2021-14.01.2024 – expert, Integrating Dual Higher Education in Moldova and Ukraine (COOPERA)

2023, April - 2023, December - „Support for improving university curriculum in monitoring, evaluation and data use”. Palladium International, LLC, Grant agreement, Fixed amount subaward to U.S. or non-U.S. (Palladium Data4Impact Moldova. Grant Agreement no. 217755-FIU-G01 dated 06.04.2023)

03/05/2023 – 31/12/2023 - HOPE- A Holistic Approach to Child Protection in Moldova (European Union, Austrian Development Agency, and Caritas Austria)

January 2025 – December 2025 - The project „Together Against Online Hate: Strategies for Prevention and Youth Engagement in Germany, Kyrgyzstan, Moldova, and Ukraine”. Project number: 57761453 (DAAD – Deutscher Akademischer Austauschdienst)

Articles, textbooks, surveys and other publications (selectively, a total of approximately 340 publications):

1. RUSNAC, Svetlana. Psihologie juridică: Suport de curs. Chișinău: [S. n.], (Print-Caro), 2025. 459 p. ISBN 978-5-85748-105-9. ISBN 978-5-85748-106-6 (PDF).

2. RUSNAC, Svetlana, HARAZ, Svetlana. Consilierea educațională: fundamente teoretice, paradigme și modele aplicative. Suport de curs. Chișinău: [S. n.], (Print-Caro), 2025. 157 p. ISBN 978-5-85748-148-6. ISBN 978-5-85748-149-3 (PDF).
3. RUSNAC, Svetlana, ABABII, Oleg. Marketing educațional : suport de curs. Chișinău: Business Imperiu, 2025. 83 p. ISBN 978-5-86654-387-8. ISBN 978-5-86654-388-5 (PDF).
4. RUSNAC, Svetlana, HARAZ, Svetlana, ȚĂRNĂ, Vadim. Utilizarea datelor în procesul de luare a deciziilor în asistența socială. Suport de curs. Chișinău: S.n.. (Tipogr. „Print-Caro”), 2024, 130 p. ISBN 978-9975-180-92-4.
5. RUSNAC, Svetlana. Psihoterapia de scurtă durată centrată pe soluție – model pozitiv de suport psihologic pentru evenimentele dificile de viață = Краткосрочная психотерапия, ориентированная на решение – позитивная модель психологического сопровождения в сложных жизненных обстоятельствах. Chișinău : S. n., (Tipogr. "Print-Caro"), 2021. 84 ; 84 p. ISBN 978-9975-56-823-4.
6. RUSNAC, Svetlana. Psihologie juridică: Suport de curs. Ed. a 3-a, rev. și compl. Chișinău: S. n., (Tipogr. "Print-Caro"), 2021. 288 p. ISBN 978-9975-56-829-6
7. RUSNAC, Svetlana. Psihodiagnostic și expertiză psihologică în justiția penală și civilă: Suport de curs = Психодиагностика и судебно-психологическая экспертиза в уголовном и гражданском судопроизводстве: Учебное пособие для вузов. Chișinău: [s. n.] (Tipogr. "Print-Caro"), 2022. 200 ; 212 p. ISBN 978-9975-56-985-9.
8. RUSNAC, Svetlana, ROȘCIUPCHIN, Diana. The Influence of Social and Demographic Characteristics on Modern Students’ Self-confidence and Assertiveness. In: *Revista de Cercetare si Interventie Sociala*, 2023, vol. 81, pp. 7-24. ISSN 1583-3410. DOI: 10.33788/rcis.81.1
https://ibn.idsi.md/vizualizare_articol/185699 <https://www.rcis.ro/ro/numarul-curent/3108-the-influence-of-social-and-demographic-characteristics-on-modern-students-self-confidence-and-assertiveness.html>
9. RUSNAC, Svetlana, ROȘCIUPCHIN, Diana. The Influence of Social and Demographic Characteristics on Modern Students’ Self-confidence and Assertiveness. In: *Revista de Cercetare si Interventie Sociala*, 2023, vol. 81, pp. 7-24. ISSN 1583-3410. DOI: 10.33788/rcis.81.1
https://ibn.idsi.md/vizualizare_articol/185699 <https://www.rcis.ro/ro/numarul-curent/3108-the-influence-of-social-and-demographic-characteristics-on-modern-students-self-confidence-and-assertiveness.html>
10. RUSNAC, Svetlana, MARȚINIUC, Victoria. Orientarea spre performanță și satisfacția în muncă ale angajaților din generațiile X, Y, Z. In: *EcoSoEn*, 2023, nr. 2, pp. 32-51. ISSN 2587-344X. DOI: 10.54481/ecosoen.2023.2.05 Categoria B
https://ibn.idsi.md/ro/vizualizare_articol/184328
11. RUSNAC, Svetlana, CORDONEANU, Elena. Rolul surselor media în formarea opiniilor privind vaccinarea anti-COVID-19. In: *EcoSoEn*, 2023, nr. 2, pp. 92-107. ISSN 2587-344X. DOI: 10.54481/ecosoen.2023.2.09 Categoria B
https://ibn.idsi.md/ro/vizualizare_articol/184332
12. RUSNAC, Svetlana, GUȚUL, Aliona. Dezvoltarea componentelor cognitivă, comportamentală și morală ale inteligenței sociale la școlarul mic. In: *Psihologie, revista științifico-practică*, 2023, nr. 1(42), pp. 10-18. ISSN 1857-2502. DOI: 10.46728/pspj.2023.v42.i1.p10-18 Categoria B
https://ibn.idsi.md/ro/vizualizare_articol/182337
13. RUSNAC, Svetlana, CONDRAȚCHI, Diana. Experiențe personale și profesionale în raport cu infecția Sars-Cov-2 și atitudini față de vaccinarea anti-COVID-19: cazul lucrătorilor medicali din Republica Moldova. In: *EcoSoEn*, 2022, nr. 1-2, pp. 108-133.

ISSN 2587-344X. DOI: 10.54481/ecosoen.2022.1-2.14 Categoria B
https://ibn.idsi.md/ro/vizualizare_articol/160092

14. RUSNAC, Svetlana, KHORY, Johny. Influența apartenenței culturale asupra distanțelor sociale la studenții autohtoni și internaționali din Republica Moldova. In: *EcoSoEn*, 2022, nr. 3-4, pp. 105-121. ISSN 2587-344X. DOI: 10.54481/ecosoen.2022.3-4.13 Categoria B

https://ibn.idsi.md/ro/vizualizare_articol/168853

15. RUSNAC, Svetlana. Percepția provocărilor pandemiei COVID-19 de către populația de diferite vârste. In: *EcoSoEn*, 2021, nr. 3-4, pp. 165-174. ISSN 2587-344X. Categoria B https://ibn.idsi.md/ro/vizualizare_articol/160203

16. RUSNAC, Svetlana, AȘEVȘCHI, Ioana. Programul psihosocial – procedeu de dezvoltare a orientării motivaționale spre succes social al tinerilor din mediul studentesc. In: *Univers Pedagogic*, 2020, nr. 1(65), pp. 75-86. ISSN 1811-5470. DOI: 10.5281/zenodo.3716336 Categoria B https://ibn.idsi.md/ro/vizualizare_articol/102202

17. RUSNAC, Svetlana. Research methodology and methods in contemporary positive psychology. In: *EcoSoEn*, 2020, nr. 3-4, pp. 139-148. ISSN 2587-344X. Categoria B https://ibn.idsi.md/ro/vizualizare_articol/118112

18. RUSNAC, Svetlana, ACULOV (MAZUR), Boris. A New Method of Psychological Research - The Questionnaire of Political Socialization. In: *Intertext*, 2016, nr. 3-4(39-40), pp. 246-253. ISSN 1857-3711. Categoria B+ https://ibn.idsi.md/ro/vizualizare_articol/50477

19. RUSNAC, Svetlana. Professional satisfaction as a condition of psychological well-being of academics. In: *Education, Social Values and European Integration*. Ed. by. G. Goudenhooff, I. Horga. Debrecen: Debrecen University Press, 2017, p. 144-160. ISBN 978-963-473-977-7

20. RUSNAC, Svetlana, MAZUR, Boris. The impact of social media news on the political socialization of youth. In: *Education, Social Values and European Integration*. Ed. by. G. Goudenhooff, I. Horga. Debrecen: Debrecen University Press, 2017, p. 235-246. ISBN 978-963-473-977-7

21. RUSNAC, Svetlana, ZMUNCILA, Ludmila. Organizational culture - the condition of professional satisfaction of academics. In: *Education, Social Values and European Integration*. Ed. by. G. Goudenhooff, I. Horga. Debrecen: Debrecen University Press, 2017, p. 171-180. ISBN 978-963-473-977-7

22. RUSNAC, Svetlana, MUSIENCO, Natalia. Calitatea vieții și adaptabilitatea studenților. In: *Asistența psihologică la etapa contemporană: realități și perspective*, Ed. 1, 21 octombrie 2022, Bălți. Bălți, Republica Moldova: Universitatea Pedagogică de Stat Ion Creangă, 2022, pp. 243-252. https://ibn.idsi.md/ro/vizualizare_articol/170124

23. RUSNAC, Svetlana, MIHAI, Aurelia. Statutul social și indiciile acestuia în opiniile populației din Republica Moldova. In: *Asistența psihologică la etapa contemporană: realități și perspective*, Ed. 1, 21 octombrie 2022, Bălți. Bălți, Republica Moldova: Universitatea Pedagogică de Stat Ion Creangă, 2022, pp. 15-23. https://ibn.idsi.md/ro/vizualizare_articol/169998

24. RUSNAC, Svetlana. Conținuturi subiective și obiective în conceptualizarea și măsurarea stării de bine. In: *The contemporary issues of the socio-humanistic sciences*, Ed. 9, 6-7 decembrie 2018, Chișinău. Chișinău, 2018: "Print-Caro" SRL, 2018, Ediția 9, pp. 10-15. ISBN 978-9975-3277-5-6.. https://ibn.idsi.md/ro/vizualizare_articol/85100

25. RUSNAC, Svetlana. "Bani aduc fericirea?" sau despre starea de bine psihologic ca o condiție a succesului In: *The contemporary issues of the socio-humanistic sciences*,

- Ed. 8, 8-9 decembrie 2017, Chișinău. Chișinău, 2018: "Print-Caro" SRL, 2017, Ediția 8, pp. 182-188. ISBN 978-9975-3168-9-7.
https://ibn.idsi.md/ro/vizualizare_articol/96254
26. RUSNAC, Svetlana. Reprezentarea sociala a satisfactiei de viata a cadrelor didactice universitare. In: *The contemporary issues of the socio-humanistic sciences: in the context of mentality's transformation*, Ed. 7, 8-9 decembrie 2016, Chișinău. Chișinău, 2017: "Print-Caro" SRL, 2016, Ediția 7, pp. 217-229. ISBN 978-9975-108-27-0. https://ibn.idsi.md/ro/vizualizare_articol/100426
27. RUSNAC, Svetlana. Condiții profesionale pentru realizarea stării de bine psihologic: abordare teoretico - conceptuală și experimentală. In: *Prolegomene din istoria psihologiei în Republica Moldova*, 4 mai 2018, Iași, România. România, Iași: Pan Europe, 2018, pp. 89-106. ISBN 978-973-8483-84-2.
https://ibn.idsi.md/ro/vizualizare_articol/63555
28. RUSNAC, Svetlana. Cercetarea stării de bine psihologic: metodologie și rezultate. In: *Psihologia socială în secolul XXI: provocări, tendințe, perspective*, 4-5 mai 2017, Chișinău. Chișinău: Universitatea Liberă Internațională din Moldova, 2017, pp. 101-115. ISBN 978-9975-3168-4-2.
https://ibn.idsi.md/ro/vizualizare_articol/63231
29. RUSNAC, Svetlana. Postmodernismul psihoterapiei și perpetuarea psihanalizei. In: *La început a fost opera*, 13-14 mai 2016, Chișinău. România, Iași: Pan Europe - Iași, 2016, pp. 119-136. ISBN 978-973-8483-79-8.
https://ibn.idsi.md/ro/vizualizare_articol/63585
30. RUSNAC, Svetlana, MUSIENCO, Natalia, ZMUNCILA, Ludmila. Welfare perceptions in the holistic approach of quality of life. In: *Psychology of economic self-determination of person and community*. Proceedings of the III International scientific and practical seminar, April, 24-th, 2015. London: LAP Lambert Academic Publishing, p.11-13. ISBN-10 3659678376; ISBN-13 978-3659678370.
<https://www.amazon.com/Psychology-economic-self-determination-person-community/dp/3659678376>
31. RUSNAC, Svetlana, MUSIENCO, Natalia, ZMUNCILA, Ludmila. Assessment of quality of life by young contemporaries: experimental research. In: *Psychology of economic self-determination of person and community*. Proceedings of the III International scientific and practical seminar, April, 24-th, 2015. London: LAP Lambert Academic Publishing, p.13-15. ISBN-10 3659678376; ISBN-13 978-3659678370.
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